Male Under 10

Position	Bib No	Name	Club	Time
1	1	Magnus Carruthers	Unattached	00:02:34
2	11	Parker Blain	Unattached	00:02:49
3	13	Joey Lomas	Seaton Athletic Club	00:02:52
4	14	Nathaniel Jordan	Eden Runners	00:02:54
5	10	Max Blain	Unattached	00:03:00
6	5	Felix Malone	Unattached	00:03:02
7	8	Isaac Taylforth	Ambleside AC	00:03:05
8	6	William McLelland	Unattached	00:03:05
9	15	Joah Tinnion	Unattached	00:03:09
10	2	Elijah Clements	Cumberland Fell Runners	00:03:22
11	12	Finnley Le Voi	Derwent AC Cockermouth	00:03:30

Female Under 10

Position	Bib No	Name	Club	Time
1	36	Eve Trafford	Seaton Athletic Club	00:02:45
2	34	Daisy Rumney	Seaton Athletic Club	00:02:47
3	35	Aida Zaboklicka	Barrow & Furness Striders AC	00:02:53
4	33	Imogen Douglas	Unattached	00:03:30

Male Under 12

Position	Bib No	Name	Club	Time
1	62	Charlie Middleton	Kendal Amateur Athletic Club	00:05:00
2	53	Jacob Bell	Border Harriers & AC	00:05:05
3	57	William Hore	Unattached	00:05:08
4	65	Eben Tinnion	Seaton Athletic Club	00:05:18
5	69	Jossy Neild	Keswick AC	00:05:29
6	79	Dylan Offin	Keswick AC	00:05:34
7	64	Jesse Smith	Carlisle Aspatria AC	00:05:36
8	77	Freddie King	Cumberland Fell Runners	00:05:37
9	67	Rasmus Jordan	Eden Runners	00:05:37
10	59	Thomas Lane	Eden Runners	00:05:38
11	56	George Hope	Carlisle Tri Club	00:05:43
12	70	Lewis Edwards	Dallam Running Club	00:05:50
13	58	Sebastian Kemp	Border Harriers & AC	00:05:51
14	61	Alasdair McLelland	Carlisle Aspatria AC	00:05:54
15	74	Finn Conlin	Cumberland Fell Runners	00:05:57
16	55	George Butler	Kendal Amateur Athletic Club	00:05:58
17	52	Aedan Barry	Keswick AC	00:06:03
18	81	Sebby Walby	Unattached	00:06:08
19	54	William Brown	Cumberland Fell Runners	00:06:12
20	66	Matt Wild Garcia	Kendal Amateur Athletic Club	00:06:23
21	75	Parker Dunlop	Unattached	00:06:35
22	51	Oscar Balmer	Carlisle Aspatria AC	00:06:40

Female Under 12

Position	Bib No	Name	Club	Time
1	119	Sadie Aspinwall	Barrow & Furness Striders AC	00:05:16
2	113	Elena Procter	Leven Valley AC	00:05:19
3	102	Isla Dalton	Kendal Amateur Athletic Club	00:05:23
4	120	Harriet Edwards	Dallam Running Club	00:05:31
5	105	Izzy Frazer	Barrow & Furness Striders AC	00:05:47
6	112	Hannah Pratt	Eden Runners	00:05:52
7	101	Connie Dalton	Leven Valley AC	00:05:57
8	111	Elspeth Mulvee	Liverpool Pembroke & Sefton H AC	00:06:01
9	103	Eliza Driver	Millom Striders	00:06:08
10	116	Heidi Steele	Seaton Athletic Club	00:06:26
11	108	Emily Hopkins	Copeland AC	00:06:30
12	118	Renee Low	Barrow & Furness Striders AC	00:06:38
13	121	Billie McParland	Barrow & Furness Striders AC	00:06:58
14	114	Peggy Ray	Barrow & Furness Striders AC	00:07:01

Male Under 14

Position	Bib No	Name	Club	Time
1	166	Max Steele	Seaton Athletic Club	00:07:24
2	154	Peter Butler	Kendal Amateur Athletic Club	00:07:41
3	165	Lucca Seminara	Unattached	00:07:43
4	163	Blake Karam	Border Harriers & AC	00:07:49
5	155	Keanu Campbell	Border Harriers & AC	00:07:50
6	176	Harrison Reid	Kendal Amateur Athletic Club	00:07:51
7	171	Toby Coward	Leven Valley AC	00:07:52
8	168	Sean Wild Garcia	Kendal Amateur Athletic Club	00:07:53
9	152	Judah Basham	Ambleside AC	00:08:03
10	159	Elliott Griffiths	Eden Runners	00:08:10
11	167	Thomas Tacon	Cumberland Fell Runners	00:08:11
12	177	Kayden Henderson	Seaton Athletic Club	00:08:13
13	162	Adam Horn	Eden Runners	00:08:26
14	172	Finley Gillon	Eden Runners	00:08:30
15	170	Herbert Jordan	Eden Runners	00:08:35
16	157	Harrison Dodds	Keswick AC	00:08:36
17	153	Ed Burns	Border Harriers & AC	00:08:38
18	173	Ruaridh Phillips	Annan & District AC	00:08:49
19	158	Elliot Ferriby	Carlisle Aspatria AC	00:09:51
20	160	Thomas Hodgson	Copeland AC	00:09:52

Female Under 14

Position	Bib No	Name	Club	Time
1	217	Teigan Wilcock	Kendal Amateur Athletic Club	00:08:14
2	201	Romy Barron	Kendal Amateur Athletic Club	00:08:17
3	221	Isla Mackinnon	Kendal Amateur Athletic Club	00:08:27
4	216	Madeleine Whelan	Cumberland Fell Runners	00:08:37
5	227	Lola Hodgson	Ambleside AC	00:08:38
6	220	Lucy Wood	Eden Runners	00:08:43
7	211	Gabrielle Murray	Leven Valley AC	00:08:45
8	218	Charlotte Mathieson	Cumberland Fell Runners	00:09:18
9	203	Chloe Bouffler	Barrow & Furness Striders AC	00:09:21
10	226	Heidi Murphy	Leven Valley AC	00:09:22
11	205	Megan Connor	Cumberland Fell Runners	00:09:31
12	225	Maya Zaboklicka	Barrow & Furness Striders AC	00:09:41
13	210	Jacy Jewitt	Leven Valley AC	00:09:56
14	207	Indie Goodwin	Annan & District AC	00:10:23
15	214	Ruby Taylforth	Ambleside AC	00:11:10
16	219	Lilibet Jordan	Eden Runners	00:11:21
17	204	Georgia Brown	Cumberland Fell Runners	00:12:36

Male Under 16

Position	Bib No	Name	Club	Time
1	251	Noah Cook	Barrow & Furness Striders AC	0:09:09
2	267	Theo Zaboklicki	Leven Valley AC	0:09:19
3	270	Milo Williams	Kendal Amateur Athletic Club	0:09:26
4	252	Matthew Downie	Border Harriers & AC	0:09:27
5	269	Oliver Ramshaw	Border Harriers & AC	0:09:29
6	266	Thomas Downie	Carlisle Aspatria AC	0:09:56
7	253	Magnus Foxwell	Ambleside AC	0:11:04
8	259	Samuel Shelley	Eden Runners	0:11:28
9	254	Joseph Giddings	Keswick AC	0:11:49
10	268	Samuel Youngman	Cumberland Fell Runners	0:14:03

Female Under 16

Position	Bib No	Name	Club	Time
1	278	Frankie Foster	Unattached	0:09:58
2	276	Eva Abraham	Seaton Athletic Club	0:10:09
3	277	Lottie Donohoe	Seaton Athletic Club	0:10:23
4	282	Ava Okeeffe	Leven Valley AC	0:10:33
5	287	Mila Barron	Kendal Amateur Athletic Club	0:10:49
6	284	Henrietta Paul	Border Harriers & AC	0:11:37
7	281	Imogen Moore	Leven Valley AC	0:11:43
8	288	Polly Walker	Seaton Athletic Club	0:11:51
9	285	Mollie Phillips	Annan & District AC	0:11:55
10	289	Freya Hodgson-Jones	Kendal Amateur Athletic Club	0:12:06
11	290	Isabelle Coward	Leven Valley AC	0:12:09
12	280	Charlotte Moore	Border Harriers & AC	0:12:37
13	283	Tara-kayleigh Purkiss	Copeland AC	0:13:10
14	279	Felicity Green	Eden Runners	0:13:22

Male
U18M

Position	Bib No	Name	Club	Time
1	318	Jacob Ostle	Border Harriers & AC	00:14:16
2	303	Liam Fulton	Border Harriers & AC	00:14:27
3	304	Joseph Green	Border Harriers & AC	00:14:29
4	314	Charlie Tulley	Cumberland Fell Runners	00:15:10
5	302	Joseph Cook	Barrow & Furness Striders AC	00:15:18
6	305	Ethan Hughes Rudd	Cumberland Fell Runners	00:15:23
7	309	Ollie Pearson	Leven Valley AC	00:15:35
8	308	Henry Murray	Leven Valley AC	00:15:36
9	313	Aston Stubbs	Annan & District AC	00:15:44
10	316	Gil Burns	Border Harriers & AC	00:15:48
11	307	James Jewell	Leven Valley AC	00:15:52
12	301	Joseph Connolly	Leven Valley AC	00:16:07
13	312	Mason Stubbs	Annan & District AC	00:16:37
14	319	Noah Zaboklicki	Leven Valley AC	00:16:50

Female
U18F

Position	Bib No	Name	Club	Time
1	327	Katelyn Douglas	Leven Valley AC	00:17:20
2	330	Evie Youngman	Cumberland Fell Runners	00:19:43
3	328	Matilda Kemp	Border Harriers & AC	00:20:02
4	326	Elena Archibald	Border Harriers & AC	00:20:43
5	333	Aoife McAlister	Unattached	00:22:06
6	332	Amelia Rose Clitheroe	Border Harriers & AC	00:22:14
7	331	Poppy Bailey	Leven Valley AC	00:24:46

Senior
Male

Position	Bib No	Name	Club	Time
1	422	Adam Varey	Border Harriers & AC	00:28:12
2	394	Ross Landon	Border Harriers & AC	00:28:14
3	408	James Douglas	Border Harriers & Ac	00:28:30
4	395	David Rich	Border Harriers & AC	00:28:51
5	396	Sam Stead	Keswick AC	00:29:29
6	411	Kai Hatcher	Border Harriers & AC	00:29:58
7	383	Ben Procter	Leven Valley AC	00:30:29
8	410	Adam Frankham	Netherhall AC	00:31:47
9	389	Edward Walker	Eden Runners	00:31:49
10	418	David Rose	Border Harriers & AC	00:31:56
11	362	Paul Graham	Cumberland AC	00:31:58
12	360	Tom Dunlop	Derwent AC Cockermouth	00:32:01
13	357	Tim Campbell	Eden Runners	00:32:15
14	419	Stefanos Stephanou	Derwent AC Cockermouth	00:32:32
15	365	Phil Hind	Derwent AC Cockermouth	00:32:35
16	363	Richard Green	Eden Runners	00:33:06
17	381	Steven Pagan	Border Harriers & AC	00:33:12
18	424	Kane Tinnion	Unattached	00:33:27
19	409	Rob Everson	Unattached	00:33:41
20	375	Craig McGlasson	DH Runners	00:33:58
21	406	Cj Clarke	Unattached	00:34:13
22	405	Matthew Carlin	DH Runners	00:34:58
23	366	Kev Iveson	DH Runners	00:35:17
24	354	Danny Bouffler	Barrow & Furness Striders AC	00:35:19
25	356	Steve Brown	Ambleside AC	00:35:20
26	358	Philip Cooper	Eden Runners	00:35:22
27	378	Tony Murray	Leven Valley AC	00:35:24
28	361	Edward Falkingham	Border Harriers & AC	00:35:53
29	420	Chris Thomas	Leven Valley AC	00:36:26
30	414	Mike James	Keswick AC	00:36:44
31	412	John Howarth	Eden Runners	00:37:27
32	404	Richard Wood	Eden Runners	00:38:42
33	367	Jamie Jephcott	Eden Runners	00:40:17
34	416	Christopher Moore	Leven Valley AC	00:41:10
35	355	Garry Bower	Eden Runners	00:41:21
36	423	Paul Witterick	Howgill Harriers	00:43:41
37	368	Peter Jewell	Leven Valley AC	00:44:41
38	382	Hernan Pecile	DH Runners	00:48:06

Senior
Female

Position	Bib No	Name	Club	Time
1	554	Isabel Wakefield	Keswick AC	00:33:38
2	555	Erin Barry	Border Harriers & AC	00:34:15
3	551	Philippa McCrea	Keswick AC	00:35:57
4	550	Marie Marshall	Annan & District AC	00:36:04
5	547	Heather Guy	Eden Runners	00:36:12
6	525	Leanne Scott	Leven Valley AC	00:36:51
7	515	Eleanor Green	Keswick AC	00:36:53
8	552	Katie Percival	Ambleside AC	00:37:28
9	546	Holly Gordon	Ambleside AC	00:37:42
10	523	Emma Nielsen	Eden Runners	00:37:42
11	534	Heather Eccles	Cumberland AC	00:37:53
12	541	Trudy Beetham	Keswick AC	00:38:50
13	514	Michelle Foxwell	Ambleside AC	00:39:19
14	526	Joanne Taylor-Friell	Leven Valley AC	00:39:31
15	508	Karen Bridge	Eden Runners	00:39:57
16	539	Katie Milburn	Eden Runners	00:41:22
17	528	Heather Travis	Leven Valley AC	00:41:29
18	540	Caroline Cattini-Dow	Keswick AC	00:41:49
19	517	Lisa Jackson	Eden Runners	00:42:00
20	530	Debbie Walker	Derwent AC Cockermouth	00:42:05
21	502	Gillian Atkinson	Keswick AC	00:42:40
22	548	Lynne Hume	Keswick AC	00:42:48
23	503	Leeann Barber	Keswick AC	00:43:11
24	545	Lindsey Frankham	Netherhall AC	00:45:39
25	512	Debbie Charlton	Keswick AC	00:45:48
26	513	Alison Cooke	Eden Runners	00:45:50
27	522	Helen Nicholson	Eden Runners	00:46:07
28	511	Justine Carruthers	Eden Runners	00:46:39
29	507	Andrea Brea	DH Runners	00:47:35
30	531	Lindsay Walker	Derwent AC Cockermouth	00:48:13
31	533	Emma Watson	Eden Runners	00:48:37
32	510	Nicky Butler	Keswick AC	00:48:51
33	520	Gina Mumford	Eden Runners	00:49:00
34	544	Julie Fell	DH Runners	00:52:47
35	543	Elizabeth Dawson	Annan & District AC	00:53:22

Female
U20

Position	Bib No	Name	Club	Time
1	554	Isabel Wakefield	Keswick AC	00:33:38
2	555	Erin Barry	Border Harriers & AC	00:34:15

Male
U23

Position	Bib No	Name	Club	Time
1	422	Adam Varey	Border Harriers & AC	00:28:12
2	411	Kai Hatcher	Border Harriers & AC	00:29:58
3	389	Edward Walker	Eden Runners	00:31:49

Male
V35

Position	Bib No	Name	Club	Time
1	396	Sam Stead	Keswick AC	00:29:29
2	410	Adam Frankham	Netherhall AC	00:31:47
3	360	Tom Dunlop	Derwent AC Cockermouth	00:32:01
4	420	Chris Thomas	Leven Valley AC	00:36:26
5	412	John Howarth	Eden Runners	00:37:27

Female
V35

Position	Bib No	Name	Club	Time
1	545	Lindsey Frankham	Netherhall AC	00:45:39

Male
V40

Position	Bib No	Name	Club	Time
1	408	James Douglas	Border Harriers & Ac	00:28:30
2	383	Ben Procter	Leven Valley AC	00:30:29
3	363	Richard Green	Eden Runners	00:33:06
4	409	Rob Everson	Unattached	00:33:41
5	406	Cj Clarke	Unattached	00:34:13
6	354	Danny Bouffler	Barrow & Furness Striders AC	00:35:19

Female
V40

Position	Bib No	Name	Club	Time
1	525	Leanne Scott	Leven Valley AC	00:36:51
2	534	Heather Eccles	Cumberland AC	00:37:53
3	539	Katie Milburn	Eden Runners	00:41:22
4	517	Lisa Jackson	Eden Runners	00:42:00

Male
V45

Position	Bib No	Name	Club	Time
1	418	David Rose	Border Harriers & AC	00:31:56
2	362	Paul Graham	Cumberland AC	00:31:58
3	366	Kev Iveson	DH Runners	00:35:17
4	404	Richard Wood	Eden Runners	00:38:42
5	416	Christopher Moore	Leven Valley AC	00:41:10
6	423	Paul Witterick	Howgill Harriers	00:43:41

Female
V45

Position	Bib No	Name	Club	Time
1	551	Philippa McCrea	Keswick AC	00:35:57
2	550	Marie Marshall	Annan & District AC	00:36:04
3	548	Lynne Hume	Keswick AC	00:42:48
4	503	Leeann Barber	Keswick AC	00:43:11
5	522	Helen Nicholson	Eden Runners	00:46:07
6	531	Lindsay Walker	Derwent AC Cockermouth	00:48:13

Male
V50

Position	Bib No	Name	Club	Time
1	357	Tim Campbell	Eden Runners	00:32:15
2	381	Steven Pagan	Border Harriers & AC	00:33:12
3	375	Craig McGlasson	DH Runners	00:33:58
4	358	Philip Cooper	Eden Runners	00:35:22
5	378	Tony Murray	Leven Valley AC	00:35:24
6	382	Hernan Pecile	DH Runners	00:48:06

Female
V50

Position	Bib No	Name	Club	Time
1	523	Emma Nielsen	Eden Runners	00:37:42
2	541	Trudy Beetham	Keswick AC	00:38:50
3	514	Michelle Foxwell	Ambleside AC	00:39:19
4	528	Heather Travis	Leven Valley AC	00:41:29
5	540	Caroline Cattini-Dow	Keswick AC	00:41:49
6	530	Debbie Walker	Derwent AC Cockermouth	00:42:05
7	512	Debbie Charlton	Keswick AC	00:45:48
8	507	Andrea Brea	DH Runners	00:47:35
9	533	Emma Watson	Eden Runners	00:48:37
10	544	Julie Fell	DH Runners	00:52:47

Male
V55

Position	Bib No	Name	Club	Time
1	414	Mike James	Keswick AC	00:36:44
2	367	Jamie Jephcott	Eden Runners	00:40:17
3	355	Garry Bower	Eden Runners	00:41:21
4	368	Peter Jewell	Leven Valley AC	00:44:41

Female
V55

Position	Bib No	Name	Club	Time
1	526	Joanne Taylor-Friell	Leven Valley AC	00:39:31
2	508	Karen Bridge	Eden Runners	00:39:57
3	511	Justine Carruthers	Eden Runners	00:46:39

Male
V60

Position	Bib No	Name	Club	Time
1	356	Steve Brown	Ambleside AC	00:35:20

Female
V60

Position	Bib No	Name	Club	Time
1	502	Gillian Atkinson	Keswick AC	00:42:40
2	513	Alison Cooke	Eden Runners	00:45:50
3	510	Nicky Butler	Keswick AC	00:48:51
4	520	Gina Mumford	Eden Runners	00:49:00
5	543	Elizabeth Dawson	Annan & District AC	00:53:22

U10 Male Team

None

U10 Female Team

None

U12 Male Team

Club	Name	Placement	Team Subtotal	Rank
Carlisle Aspatria AC	Jesse Smith	7	43	4
	Alasdair McLelland	14		
	Oscar Balmer	22		
Cumberland Fell Runners	Freddie King	8	42	**3**
	Finn Conlin	15		
	William Brown	19		
Kendal Amateur Athletic Club	Charlie Middleton	1	37	**2**
	George Butler	16		
	Matt Wild Garcia	20		
Keswick AC	Jossy Neild	5	28	**1**
	Dylan Offin	6		
	Aedan Barry	17		

U12 Female Team

Club	Name	Placement	Team Subtotal	Rank
Barrow & Furness Striders AC	Sadie Aspinwall	1	18	**1**
	Izzy Frazer	5		
	Renee Low	12		

U14 Male Team

Club	Name	Placement	Team Subtotal	Rank
Border Harriers & AC	Blake Karam	4	26	**2**
	Keanu Campbell	5		
	Ed Burns	17		
Eden Runners	Elliott Griffiths	10	37	**3**
	Adam Horn	13		
	Finley Gillon	14		
Kendal Amateur Athletic Club	Peter Butler	2	16	**1**
	Harrison Reid	6		
	Sean Wild Garcia	8		

U14 Female Team

Club	Name	Placement	Team Subtotal	Rank
Cumberland Fell Runners	Madeleine Whelan	4	23	**2**
	Charlotte Mathieson	8		
	Megan Connor	11		
Kendal Amateur Athletic Club	Teigan Wilcock	1	6	**1**
	Romy Barron	2		
	Isla Mackinnon	3		
Leven Valley AC	Gabrielle Murray	7	30	**3**
	Heidi Murphy	10		
	Jacy Jewitt	13		

U16 Male Team

None

U16 Female Team

Club	Name	Placement	Team Subtotal	Rank
Leven Valley AC	Ava Okeeffe	4	22	**2**
	Imogen Moore	7		
	Isabelle Coward	11		
Seaton Athletic Club	Eva Abraham	2	13	**1**
	Lottie Donohoe	3		
	Polly Walker	8		

U18 Male Team

Club	Name	Placement	Team Subtotal	Rank
Border Harriers & AC	Jacob Ostle	1	6	**1**
	Liam Fulton	2		
	Joseph Green	3		
Leven Valley AC	Ollie Pearson	7	26	**2**
	Henry Murray	8		
	James Jewell	11		

U18 Female Team

Club	Name	Placement	Team Subtotal	Rank
Border Harriers & AC	Matilda Kemp	3	13	**1**
	Elena Archibald	4		
	Amelia Rose Clitheroe	6		

Senior Mens Team

Club	Name	Placement	Team Subtotal	Rank
Border Harriers & AC	Adam Varey	1	6	1
	Ross Landon	2		
	James Douglas	3		
Border Harriers & AC B	David Rich	4	20	2
	Kai Hatcher	6		
	David Rose	10		
Derwent AC Cockermouth	Tom Dunlop	12	41	4
	Stefanos Stephanou	14		
	Phil Hind	15		
DH Runners	Craig McGlasson	20	65	6
	Matthew Carlin	22		
	Kev Iveson	23		
Eden Runners	Edward Walker	9	38	3
	Tim Campbell	13		
	Richard Green	16		
Eden Runners B	Philip Cooper	26	89	7
	John Howarth	31		
	Richard Wood	32		
Leven Valley AC	Ben Procter	7	63	5
	Tony Murray	27		
	Chris Thomas	29		

Senior Womens Team

Club	Name	Placement	Team Subtotal	Rank
Ambleside AC	Katie Percival	8	30	2
	Holly Gordon	9		
	Michelle Foxwell	13		
Eden Runners	Heather Guy	5	30	3
	Emma Nielsen	10		
	Karen Bridge	15		
Eden Runners B	Katie Milburn	16	61	6
	Lisa Jackson	19		
	Alison Cooke	26		
Keswick AC	Isabel Wakefield	1	11	1
	Philippa McCrea	3		
	Eleanor Green	7		
Keswick AC B	Trudy Beetham	12	51	5
	Caroline Cattini-Dow	18		
	Gillian Atkinson	21		
Leven Valley AC	Leanne Scott	6	37	4
	Joanne Taylor-Friell	14		
	Heather Travis	17		